

# *Garden Club of Denver*



Photo by Suellen White from her garden, June 4, 2022



## **Calendar of Events**

July, August and September, every  
Wednesday, 9-11 a.m., Lainie's  
Cutting Garden at DBG

Tuesday, July 12, Colorado On the  
Road, 12-Mile Ranch tour

Wednesday, August 24, 9 a.m.-  
noon, Fete des Fleurs conditioning  
and set up, Denver Botanic Gardens



## **President's Post: Dig In with Us!**

We have revisited 95 years of our  
collective history in my  
President's Posts to help us  
understand our past so we could  
create a strategic plan for our  
future. Together, we have done a

Thursday, August 25, 9 a.m.-1 p.m.,  
centerpiece arranging, Fete des  
Fleurs, Denver Botanic Gardens



[Garden Club of Denver](#)

[Garden Club of America](#)

[Denver Botanic Gardens](#)

fantastic job. Our plan is forward-  
thinking while respecting  
traditions  
and existing partnerships. The  
vision we adopted, "Dig In with  
Us," says it all. We want to dig in  
the dirt as well as into new  
community projects and  
relationships.

I am honored to have been  
chosen to serve as your President  
for the past two years and leave  
this job in the excellent hands of  
Cindy Scott. I will always be  
thankful for all the support and  
friendship you have bestowed on  
me.

A handwritten signature in black ink that reads "Meg Nichols".



## Garden Club of America Awards



### **Club Conservation Award**

Given to Deborah Foy and Cynthia Scott.  
With appreciation for their passionate and  
resourceful energy in organizing the 2018  
Conservation Study Trip, "This Land Is Our  
Land: Steppe into Colorado."

### **Club Appreciation Award**

Given to Missy Eliot and Nina Sisk.  
With appreciation for their dedicated  
leadership culminating in an inspired GCA  
club flower show, The Language of Flowers,  
in September 2021.

(Nina Sisk accepts the award on behalf of



herself and Missy Eliot)



## Membership Years of Service

- Debbie Davis and Angela Overy for 35 years of membership.
- Kay Malo for 40 years of membership.
- Hope Connors for 45 years of membership.
- Tinka Kurtz and Bea Taplin for 55 years of membership.



## Garden Club of Denver Awards



### Spirit of 2006

This award is given to a GCD committee that has performed extraordinarily well. The past two years have been an unprecedented time of uncertainty and isolation, but Deborah Foy and Suellen White "Got Creative" with "Got Photos!" It was a brilliant way to get us outside with our cameras and on Zoom to share photos almost every month for two years.

### The Florence Martin Cup

The Florence Martin Cup is awarded annually to a long-serving member of the Garden Club of Denver who has



demonstrated unstinting generosity in sharing of her friendship and knowledge with the Club. This year the award went to Sally Harvey.



## The Conservation Award

The Conservation Award is presented yearly to a member or members for outstanding contributions to Conservation. The award was given to Sarah Alijani and Holley Sanford for all their work on GCA's Olmsted 200 Initiative, "Parks for People," by organizing fabulous, fun hikes in our Olmsted-designed Denver Mountain Parks.

(Sarah Alijani accepts the award on behalf of herself and Holley Sanford)



## Walker Tears Tureen

This tureen recognizes the outstanding work of one or more members. This award was given to Lindsay Dodge as a writer, mentor, leader, historian and friend.

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Welcome new 2022-2023 Apprentices and congratulations to our three new Active members!

We are thrilled to report that last year's Apprentices, Suzanne MacKenzie, Kelly Stava and Stephanie Tryba, have become full-fledged members of the Garden Club of Denver. We are also happy that Kathleen Thomas will re-engage after having completed her certification in Landscape Architecture and Master Gardener programs.

We will add three new Apprentices to our ranks, Kate Taucher, Kate Fritz and Barbara MacFarlane.





**Kate Taucher** was proposed by Janet Manning and seconded by Nancy Schotters and Linda Zinn. Kate is an accomplished gardener and an excellent amateur photographer. In the past, she helped her daughter make arrangements in her Washington Park flower shop and is interested in conservation. She has held many leadership positions in a vast array of

non-profits including The Junior League of Denver for which she has served as President of their garden club and the National Repertory Orchestra where she served as Board Chair. Currently she serves on the Board of the Cherry Creek North Neighborhood Association. She is an organizer and leader who has worked on fundraising, community relations, advocacy, event planning and newsletters. She's bright, well-organized and thoughtful as well as naturally curious. (Photo credit Liz Lively)



Proposed by Sarah Alijani and seconded by Liz Walker and Nancy Jones, **Kate Fritz** has become well-known to the Garden Club of Denver as our "Olmsted 200" leader who has led many of our members on hikes in Denver's Mountain Parks. She currently serves as Board Chair of the Denver Mountain Parks Foundation. She is a past board member of History Colorado and Celebrate EDU as well as past chair of the Family Council at the Odyssey School. Kate

is a Denver native and lawyer by profession. GCD will greatly benefit from her legal background, coupled with her interests in preservation, conservation, floral design, horticulture, and the history of Denver and Denver Mountain Parks. She dives into anything she does with exuberance, humility, and humor. (Photo credit Katy Saunders)



**Barbara MacFarlane** was proposed by Lynn Dolven and seconded by Caroline Rassenfoss and Margaret Brown. She is a bee keeper and composter with fabulous gardens. Professionally, she co-founded the Wynkoop Brewing Company (with now Senator Hickenlooper) at a time when the now vibrant Lodo was desolate. Later, she co-founded the Lodo Brewfest, served as President of the Colorado Preservation, Inc, and worked with the Historic Denver Guild. She and her husband, Pete Marczyk, opened Marczyk Fine Foods in

2001. Barbara is a board member of the Colfax Mayfair Business Improvement District. She has a sharp wit and lovely sense of humor. A woman of action and an utter delight, Barbara will be a fantastic addition to the Garden Club of Denver.



## Amazing Amaryllis Sale

A huge thank you goes to our GCD members for an incredible pre sale and the opening of the sale to friends and family! Orders have been streaming in and if you have not placed yours yet, do it ASAP as we will sell out soon.

We have limited quantities of Dancing Queen, Rilona and Carmen.

[Click here to order](#)



Dancing Queen



Rilona



Carmen

## Lainie's Cutting Garden

Lainie's Cutting Garden can be transformed from a seeming wasteland in spring to a riot of blooms and color by high summer with





the help of GCD members. Sign up for a session or two on Wednesdays in June, July, August and September, 9-11 a.m. Join your fellow gardeners in bringing the Cutting Garden to its full glory. Let's dig in together!

[Sign up here](#)



## **DBG Flower Arranging**

Many things are returning to normal at Denver Botanic Gardens. The Information Desk in Boettcher Memorial Conservatory is back in business and the Visitors Center and Gift Shop have resumed normal operations. The Garden Club of Denver has again been asked to provide flower arrangements for these two areas as well the Waring House.

The GCD Floral Design Committee, under chair Elizabeth Weigand, oversees the program. Three arrangements for Waring will be created on Mondays and one each for the information desk and the gift shop will be done on Thursdays.

The perennials and shrubs in Lainie's Cutting Garden are ready to cut and the annuals are almost ready. We are also cutting in the plaza and paths of the Romantic Garden. All prep work both days will be done in the Waring Kitchen. See the Sign-up Genius for full details.

Grab a partner and enjoy an early morning visit to DBG to cut and arrange beautiful, fresh flowers.

[Sign up here](#)

## **2022-2024 Slate of Officers**

The Nominating Committee has recommended the following slate of officers which were approved by the membership at the June Annual Meeting.



## Slate of Officers

**President:** Cindy Scott

**Vice President:** Amy Mower

**Corresponding Secretary:** Mary Talbot

**Recording Secretary:** Lynn Dolven

**Treasurer:** Sally Obregon

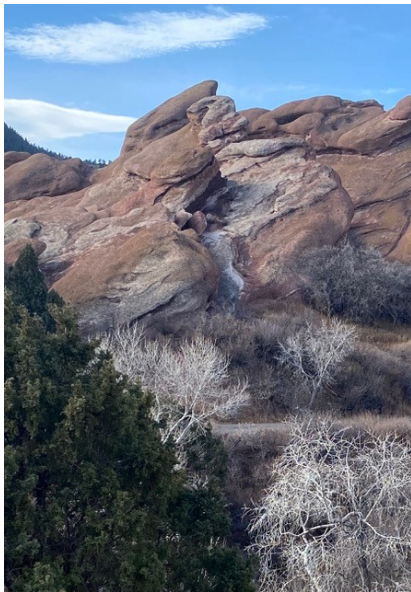
**Director:** Meg Nichols

**Admissions & Membership:**

Debbie Davis and Amy Slothower



**CELEBRATING PARKS  
FOR ALL PEOPLE**



### **Happy 200th Birthday to Frederick Law Olmsted**

We at the Garden Club of Denver have had a great year celebrating the Olmsted family and their accomplishments in landscape architecture. Our club is so fortunate to have an incredible resource, the Denver Mountain Parks (DMP) system, an Olmsted Jr. creation, in our backyard. The club has benefitted from its close proximity to Denver and its resources in an effort to support, enjoy and educate ourselves on the DMP system. Additionally, we have the good fortune of meeting the Denver Mountain

Parks Foundation's Board Chair, Kate Fritz, who has led each hike throughout the year with humor, insight and energy!

This fall, we started our hiking series in October getting up close and personal with Colorado Bison and hiked the American Bison Trail at Genesee Mountain, and then in November, we ventured to the Red Rocks Trading Post in Morrison for a hike and tour of the CCC Camp.

After enjoying the holidays, we started our hike series back up again in February with a brisk walk around Evergreen Lake. Then in March, the



weather cooperated with us and we enjoyed the Buffalo Bill Museum followed by a hike on the Buffalo Bill Trail. Some of us then moseyed over to the gift shop for some delicious homemade fudge to top off the great day!

This spring was amazing with a hike along the O'Fallon Trail, winding along the creek (and yes, we saw flowing water - go Colorado!). At the end of the hike, we convened at the O'Fallon Chimney. Plans for May included a longer hike to Corwina in Morrison to include Panorama Point Trail and Bear Creek Trail with a picnic lunch along the way. A beautiful way to end the 2021-22 Olmsted Hiking Series!

We thank you all for joining us every month with your laughter, energy, endurance and photographs. We hope you too have enjoyed the hiking series! Additionally, we hope to offer one last trail walk this fall at the newest addition to DMP, Axton Ranch, a special spot blooming with orchids. Keep a look out this Fall for the date! In the meantime, remember to take time to connect with fellow GCD friends and venture out to a DMP trail, either one you've already visited or discover additional ones like Pence, Bergen and Fillius. They will not disappoint. Wishing you all a wonderful and happy summer!

Best,  
Sarah Alijani and Holley Sanford  
Garden History & Design Co-Chairs  
*(Red Rocks photo by Mary Fowler)*

## PHOTOGRAPHY FOCUS



### Remember Your Camera This Summer

Deborah and I thank you for two years of fun and photography adventures.

For everyone who attended the annual meeting, we had the opportunity to check out the Olmsted 200 celebration with the



Denver Mountain Parks photography exhibit. Didn't we have great hikes? And take great photos?

Maybe during the summer you'll find time to read the GCA *Focus* magazine. Each issue of *Focus* is chock-full of useful articles, creative photographs and inspirational advice.

The GCA 2022 Photography Conference recorded all the speakers. For those of you who missed it (or if you want to rewatch

speakers), click on the button below

Enjoy your summer taking pictures!  
Deborah and Suellen

*(Photo and story by Suellen White)*

[Focus Magazine](#)

[Photography Conference](#)



Two years, twenty four months, seven hundred thirty days...that's the length of the floral design term that we are closing on. This two year period has seen us weather just about every imaginable dilemma. It was a tough period of isolation. We couldn't have asked for a more adaptable and resilient group of floral designers! We are certainly happy to see us finally returning to normalcy. You were willing to participate by video, grab and go, and in person. And I can't even believe that we somehow pulled off an in person GCA Flower Show in the midst of this crazy period.

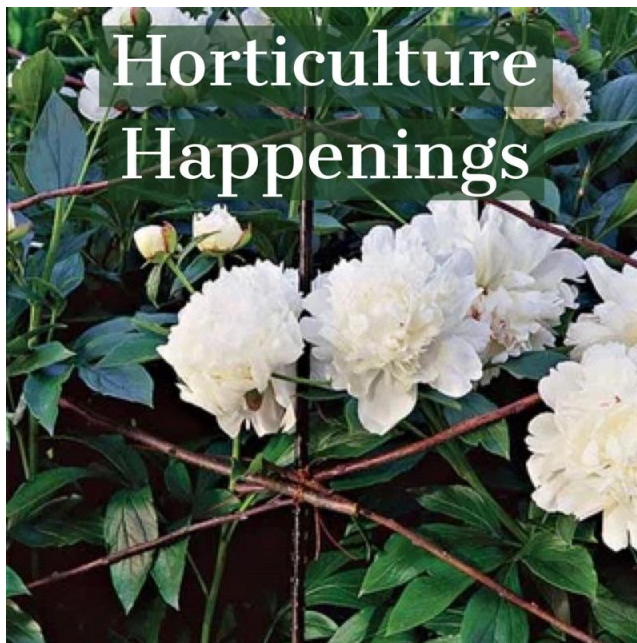
It seems fitting that our final workshop this May would focus on giving back



to the community. Thanks to the vision of Lisa Gould, the floral design committee organized a workshop where 15 members created lovely arrangements for Craig Hospital volunteers and staff. In sharing our stems, we made magic! This "May Day" inspired workshop was a terrific way to look beyond our GCD membership and thank a community organization. Lisa loaded up our gorgeous arrangements and delivered to Craig...and she was met with huge thank you's! This turned out to be a wonderful experience for all who participated. We hope to make this an annual event.

Thank you to all who participated in the floral design workshops and gatherings over the last two years. It was such fun and we hope you enjoyed them as much as we did!

Keep Arranging,  
Nina and Cora



### **Lovely Lavender**

What wonderful flowering plant from the



mint family with a sweet floral fragrance has been appreciated for over 2500 years? Lavender! It's very hardy, drought tolerant once established, requires little maintenance, and is a fantastic companion plant for most vegetables and annuals. The flowers attract beneficial pollinators and repel a wide variety of flies and beetles.

With many culinary, medicinal, therapeutic and practical uses, lavender is grown commercially for the oil used as a disinfectant, an antiseptic, for anti-inflammatory properties, in aromatherapy and to relieve headaches and motion sickness when applied to the temples. Lavender infusions soothe and heal insect bites, sunburn and are frequently used as a sleep aid and for relaxation. Dried lavender sachets freshen linens and repel moths. Lavender flowers also make fun wedding confetti.

Susan Evans presented *The Herbalist's Happy Hour: Crafted Cocktails from the Garden* to our Shirley Meneice 2019 conference at DBG. It's loaded with herbal recipes including an immune-boosting soup, Lavender Lemonade Fizz and Lavender Strawberry Shortcakes. Yum!

Get started with this recipe:

### **Lovely Lavender Lime Old Fashioned-Style Cocktail**

2.5 oz vodka of choice or aged rum (Appleton Estate 8 year reserve, 896 aged 8 years or Mt Gay - just not Bacardi)

1 oz fresh lime juice

1 oz (2 tablespoons) lavender syrup

3 dashes angostura bitters

Combine all ingredients in a tall mixing glass or pint jar filled with some large ice cubes. Stir with bar mixing spoon (or handle of wooden spoon) for 20-30 seconds, until diluted and appears to almost double in volume from stirring cocktail in the ice. Use cocktail strainer to pour in Double Old Fashioned or rocks glass with either one large rock or fresh ice. Garnish with a lime slice studded with fresh lavender sprigs.

Now relax and enjoy your summer!

Nancy Schotters and Leslie Liedtke

[How to grow lavender](#)

[Grow a lavender hedge](#)

[More lavender recipes](#)

For a second year, a group of us returned to LoDo's Rothman Playground to help with spring cleanup in celebration of Earth Day. We had beautiful weather,





made significant progress and had fun catching up with everyone.



## Garden Club of Denver's Mission and Vision Statements

**Mission:** Founded on a mutual love for gardening and the natural beauty of Colorado, the Garden Club of Denver seeks knowledge, and expertise in horticulture, conservation, floral design and photography, and shares these ideas and skills with its members and the community.

**Vision:** Dig In with Us!

### Connection

- **Enhance opportunities for members to socialize**
  - Vary time and type of meetings to accommodate different schedules and interests
  - Host at least two social events per year
- **Improve new member induction**
  - Randomize seating at meetings to ensure new members meet everyone
  - Review and revise orientation process
- **Expand field trips**
  - Encourage each committee to host one field trip per year
  - Build on partnership with Broadmoor to offer statewide trips

## Community

- **Create new service opportunities**
  - Encourage each committee to create one service project per year
  - Create new inclusivity and outreach committee
- **Create a more inclusive membership**
  - Offer more open meetings
  - Explicitly encourage nomination of non-traditional members
- **Offer educational programs to the broader community**
  - Select topics of interest to a wide audience
  - Ensure that events are accessible (cost, time, location)

## Continuity

- **Continue tradition of excellent member programs**
  - Survey members after meetings about speaker quality
  - Use data to inform future programming
- **Continue to support GCA programs at appropriate levels**
  - Encourage individuals to take leadership positions with GCA
  - Actively participate in national events
- **Align membership requirements with current member skills and interests**
  - Review/revise attendance rules
  - Broadly consider membership requirements and needs/interests of future members
  - Consider a pre-apprentice membership category





## Garden Club of Denver 2022-2024

### **GCD Executive Committee**

President-Cindy Scott  
Vice President-Amy Mower  
Corresponding Secretary-Mary Talbot  
Recording Secretary-Lynn Dolven  
Treasurer-Sally Obregon  
Director-Meg Nichols

### **Other GCD Committees**

Amaryllis Bulb Sale-Leslie Liedtke and Nancy Jones  
Colorado on the Road-Janet Manning and Becky Schaub  
Directory (Roster)-Deborah Foy  
eNews-Ann Crammond and Bar Chadwick  
Flower Show-Dodie Jackson and Caroline Rassenfoss  
Garden History & Design-Chair: Holley Sanford, Vice Chair: Sarah Alijani  
GCA Awards and Founders Fund-Co-Chairs: Jane Davis and Courtney Marsters  
GCA Bulletin & Communications-Nan Procknow  
History and Bylaws-Sheilagh Hudon  
Hospitality-Chair: Sarah Alijani, Vice Chair: Tracy Zarlengo  
Community "Common Ground?"-Kathleen Thomas  
Judging-Missy Eliot  
Nominating-Meg Nichols  
Programs- Chair: Kelly Stava, Vice Chairs: Mary Fowler and Lise Woodard  
Scholarships-Lindsay Dodge  
Visiting Gardens-Lisa Gould  
Website-Alice Hughes

### **Denver Botanic Gardens Committees**

Cutting Garden-Nancy Schotters  
Fete Liaisons-Nina Sisk, Nancy Jones, Mary Schaefer, Missy Eliot (with Cora Wheeler)  
Flower Arranging-GCD Floral Design Committee and Elizabeth Weigand  
Holiday Decor-Linda Zinn



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